

## Parched.

<b>Sweetened Iced Tea</b>	\$12 carafe
<b>Un-sweetened Iced Tea</b>	\$12 carafe
<b>Orange or Apple Juice</b>	\$12 carafe
<b>Milk (skim, 2%, whole)</b>	\$12 carafe
<b>Coca-Cola Cans</b>	\$2 per can
<b>Pellegrino Sparkling Water</b>	\$3 per bottle
<b>Blue Moon Bottled Water</b>	\$2 per bottle
<b>Coffee Regular</b>	\$60 per gallon
<b>Coffee Decaf</b>	\$60 per gallon
<b>Hot Water/Asst. Teas</b>	\$2.50 per bag
<b>Red Bull</b>	\$4 per can
Sugar free, Regular Blueberry, Cranberry, Tropical	
<b>Vitamin Water</b>	\$3 per bottle
<b>Tea Station</b>	\$ 5.00 pp
<b>Pellegrino</b>	\$3 per bottle
<b>Beers (assorted)</b>	\$4.50-\$5.50 per bottle
<b>Wines (red/white/bubbly)</b>	\$24-\$72 per bottle

## Breakfast & Breaks.

### \*Hot Breakfast Buffett **\$23.00 per person**

Scrambled eggs, bacon, sausage & potatoes  
Bread with toaster, jams  
Pastries + Muffins  
Yogurt Parfaits  
Dynamite Coffee. Fresh squeezed Juice, Water Station

### \*Breakfast Pastry & Fruit Platter **\$15.00 PP**

Fresh cut fruit  
House made Muffins,  
Bagels and Croissants  
Yogurt parfaits with house Granola  
Dynamite Coffee, Fresh squeezed juice, water station

### Breakfast sandwiches/Croissants **\$10.00 PP**

#### Toast and preserves **\$5.00 PP**

### Granola Parfaits **\$6.00 per person**

French vanilla yogurt topped with our house-made granola and berries

### Steel Cut Oatmeal Station **\$10.00 per person**

brown sugar, toasted pecans, sundried apricots, local sourwood honey

### Muffins/Pastries **\$5.00 per person**

### Whole Fresh Fruit **\$1.25 per fruit**

### Fresh Cut Fruit **\$5.00 per person**

### Croissants (butter & preserves) **\$3.75 per person**

### Bagels (cream cheese & preserves) **\$3.75 per person**

### Lox Plate **\$9.50 per person**

pastrami smoked salmon on toasted bagel with cream cheese, shaved red onion, fresh tomato and seasonal mixed greens

### Granola Bars **\$ 4.00 PP**

### House-made Baked Cookies/Brownies **\$3.25 per person**

## Lunch.

### \*Mixed Sandwich Platter: **\$13 per person**

Choose a side: bistro salad or chips

Choices: BLT, Turkey Club, Ham and Swiss

Add chips \$2 per bag

Add Brownie/Cookie platter \$3.25 per person

\*Platters are served family style

### Sandwich + choose one: bistro salad or chips **\$13 per person**

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#### B.A.T.

Apple wood smoked thick-cut bacon, arugula and tomato on toasted wheat berry bread with mayo

#### Chicken Caesar Wrap

Joyce Farms grilled chicken breast served in a herb wrap with crisp romaine lettuce, parmesan cheese and house-made Caesar dressing

#### Traditional club

Honey-baked ham and smoked turkey served on whole wheat bread with bacon, lettuce, tomato and mayo

#### Hummus Wrap

House-made roasted red pepper hummus, spring mix, olive tapenade, cucumber, red onion and tomato in a garlic and herb wrap

All sandwiches can be made as wraps as well.

## Going green.

### Bistro Salad **\$11 PP**

Local mixed greens lightly dressing in house-made balsamic vinaigrette with cucumber, tomato and goat cheese

### Caesar Salad **\$13 PP**

Crisp romaine lettuce, house-made Caesar dressing, parmesan cheese and garlic croutons

\*Add Joyce Farms grilled chicken \$4

## Soiree.

**\*All salads and select sandwich/burger options can be made vegan/vegetarian.**

Please let us know your interests—we will connect with our Chef to come up with something delicious!

Please contact Sales for any soiree, reception, corporate or business group meeting food selections. Susan Newton, [susan.newton@interstatehotels.com](mailto:susan.newton@interstatehotels.com) or Meredith Morse: [meredith.morse@interstatehotels.com](mailto:meredith.morse@interstatehotels.com)